

Master in Life Sciences

A cooperation between
BFH, FHNW, HES-SO, ZHAW

Module title	Sustainable Food Supply Chains
Code	F4
Degree Programme	Master of Science in Life Sciences
Group	Food
Workload	3 ECTS (workload: 90 hours comprising 32 contact hours (= 42 lessons) plus 58 h self-study)
Module Coordinator	<p>Name: Dr. Claudia Müller Phone: +41 (0)58 934 54 53 Email: claudia.mueller@zhaw.ch Address: ZHAW Life Sciences und Facility Management, Einsiedlerstrasse 35, 8820 Wädenswil</p>
Lecturers	<ul style="list-style-type: none"> • Dr. Claudia Müller, ZHAW • Corinna Bolliger, ZHAW • Prof. Dr. Nathan Kunz, BFH • Dr. Evelyn Markoni, BFH • Dr. Matthias Meier, BFH • Further guest lecturers
Entry requirements	<p>Knowledge of food technology and / or of agriculture, as well as basic knowledge of the principles of sustainability is highly recommended.</p> <p>Contents of an online module, which should be worked through before the course begins (time required approx. 6 hours).</p>
Learning outcomes and competences	<p>After completing the module, students will be able to:</p> <ul style="list-style-type: none"> • explain sustainability in all dimensions; • illustrate how sustainability relates to the current food system; and • develop a sustainable food system model (= concept of a sustainable supply chain) for the future – one which is economically viable, environmentally friendly and socially acceptable – using the example of a selected food product.
Module contents	<p>The main objective of the module is to understand the concept of sustainability-driven production of healthy food, using selected food products as examples. Therefore, the course will cover a holistic assessment of the food value chain and its sustainability performance regarding social, economic, environmental and health aspects and will include:</p> <ul style="list-style-type: none"> • Sustainable agriculture (conventional versus organic); • Environmental assessment (life cycle analysis); • Economic basis of a sustainable business; • Social aspects; • Principles of a sustainable and healthy nutrition; • Technological challenges; and • Principles of process analysis
Teaching / learning methods	Students work in interdisciplinary groups, assessing and optimizing the supply chain of a selected food product to make it more sustainable.

Master in Life Sciences

A cooperation between
BFH, FHNW, HES-SO, ZHAW

	<p>Experts provide inputs on the different sustainability dimensions and stages of the supply chain during the course. They address the corresponding challenges with respect to sustainability.</p> <p>Coaching sessions are offered during the module where students can discuss their questions with experts.</p>
Assessment of learning outcome	<p>1. Individual grades (60%)</p> <ul style="list-style-type: none"> - Written exam (using SEB): 40% - Individual contributions within group work (written parts / analyses): 20% <p>2. Group grades (40%)</p> <ul style="list-style-type: none"> - Joint group work results and final presentation: 30% - Preparation for coaching sessions: 10%
Format	7 weeks
Timing of the module	Spring semester, CW 16-22
Venue	Blended learning format. Presence sequences take place in Olten.
Bibliography	<p>Recommendations:</p> <p>Nguyen H., FAO (2018); Sustainable Food Systems – Concept and framework; http://www.fao.org/3/ca2079en/CA2079EN.pdf</p> <p>Willet W. et al. (2019); Food in the Anthropocene: the EAT–Lancet Commission on healthy diets from sustainable food systems; The Lancet, Vol 293: 447-492; https://www.thelancet.com/action/showPdf?pii=S0140-6736%2818%2931788-4</p>
Language	English
Links to other modules	Potential similarities and links to E2 'Life Cycle Assessment'
Comments	There will be compulsory attendance on 3 days of the module (estimated: week 1, week 6 and week 7).
Last Update	19.08.2025