



# School of Health Professions

## After Work Lectures

**Moving beyond the pendant alarm – how can  
technology meet the needs of an ageing  
population?**

**Gail Mountain, PhD**

**Professor of Health Services Research (Assisted Living  
Research) at the University of Sheffield, Great Britain**

**Thursday, 21st February 2013, 17:30–18:30  
TN E0.46, Technikumstrasse 71, 8400 Winterthur**



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### **Gail Mountain, PhD**

Professor of Health Services Research (Assisted Living Research) at the University of Sheffield, Great Britain

### **Moving beyond the pendant alarm – how can technology meet the needs of an ageing population?**

In the lecture, Gail Mountain will describe her current research into improving the quality of life of older people through technology and how this has been informed by her earlier clinical experiences as an occupational therapist.

The research she will refer to includes looking at how touchscreen technology can help people with dementia living in the community, and how the use of technology by health and social carers is changing how services are delivered. She will also talk briefly about the randomised controlled trials she is involved in and which are concerned with interventions to promote wellbeing in later life and active life with dementia.

In the lecture she will also reflect upon her own ageing process and how this is also beginning to influence her work. She will include a critical examination of what she and others have achieved in gerontological and technology research and suggest some directions for future work.

Gail Mountain is Professor of Health Services Research (Assisted Living Research) at the University of Sheffield. She is the Director of the SMART Consortium and Principal Director of the KT-EQUAL Consortium which is engaged in the transfer of knowledge from research to benefit older and disabled people.

Gail Mountain is also an occupational therapist, having practiced for 13 years before becoming involved in research. Her research interests are focussed upon improving the quality of life of older people through provision of appropriate interventions, good design and by facilitating participation, reflecting her occupational therapy background.

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