



Gesundheit
After Work Lectures

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Measuring and
improving everyday
functioning in clients

A challenge for clinicians and researchers

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Measuring and improving everyday functioning in clients – A challenge for clinicians and researchers

Today health care services aim to support and improve the client in his/her own home and environment. The services also include support to caregivers/family members. It is then important to evaluate the services in a manner that can detect the potential effects of such interventions.

In addition, a greater emphasis today on evidence-based practice in health care challenges both clinicians and researchers to reflect upon the assessments and measures used to support intervention planning and evaluate the effects of interventions.

The current change in focus, from a more capacity-oriented approach (evaluation of body and mental functions/symptoms) towards a more person-environmental approach (evaluation of the quality in interaction between person-environment), in intervention demands the development and use of other types of evaluations than traditional ones. Such evaluations may also be more sensitive to detect small, but important changes in the everyday life of clients.

The lecture will highlight some of the faced challenges of today among clinicians and researchers, but also give some examples of new, innovative approaches in evaluating everyday functioning in clients, based upon theory as well as empirical research.

Anders Kottorp is an associate professor and head of Division of Occupational Therapy, at the Karolinska Institute, Stockholm, Sweden. Anders Kottorp has a decade of research experience, developing several innovative evaluations/assessments of everyday functioning and participation for different diagnostic groups. He is currently part-time employed by the Zurich University of Applied Sciences, Institute of Occupational Therapy, to support the development of courses for a European Master of Science program in occupational therapy.