

Field Report Winter School and Clinical Placement Occupational Therapy Zurich

January 2016 to April 2016

Klinik Lengg, Zürich & Universitätsspital Zürich

Students Bachelor Occupational Therapy, Arteveldehogeschool Gent, 3rd year of study

Grüezi Wohl,



We are Celeste Vermeulen and Eleni Van Rompaey, two students who study occupational therapy at the Artevelde University College in Ghent, Belgium. We both chose to do our last and final internship abroad, in Zurich. Before we started our internship in Zurich, we were able to follow 2 weeks of the Winter School offered by the ZHAW in Winterthur. During these 2 weeks, we stayed at a lovely apartment of a student of the ZHAW School. After these 2 wonderful weeks of courses where we met a lot of national and international students, we headed for another 3 months in Zurich.

During these 3 months we did our internship occupational therapy and stayed in two rooms, part of a large building offered by the Universitätsspital. We both did our internship in the physical rehabilitation but at different places in Zurich.



One of us worked at the University Hospital and the other in Klinik Lengg. Klinik Lengg has a neurological rehabilitation centre for ambulant patients as well as residential patients. Most of the time I gave occupational therapy for residential patients with different conditions. During this period I learned a lot but I also had the opportunity to watch and observe the other disciplines

such as hippo therapy, speech therapy, neuropsychology,

My internship at the Universitätsspital took place in the neurological department. Here I gave occupational therapy to patients in an acute setting, such as the Post Stroke Unit. Next to this I had a lot of patients with Parkinson's Disease. I got the chance to get a lot of

new knowledge and work together with an amazing team who made sure my internship was an unforgettable experience.

Apart from our internship we discovered the city of Zurich many times as well as nearby places such as Luzern, Lugano, Bern, Basel, ... We made a lot of new friends, for the rest of our lives. Switzerland was an amazing and unforgettable experience and we will definitely miss it! After our period in Switzerland, Zurich, we can conclude it is a beautiful but expensive city to stay.

Merci vielmal für diese Erfahrung!

Auf Wiederluege mittenand!
Celeste und Eleni

