

Family Systems Nursing

Practice, Research & Education in The Netherlands

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Prof Family Nursing And Family Care

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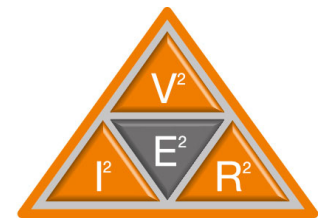
The Netherlands



Leeropdracht Familiezorg, Hanzehogeschool Groningen



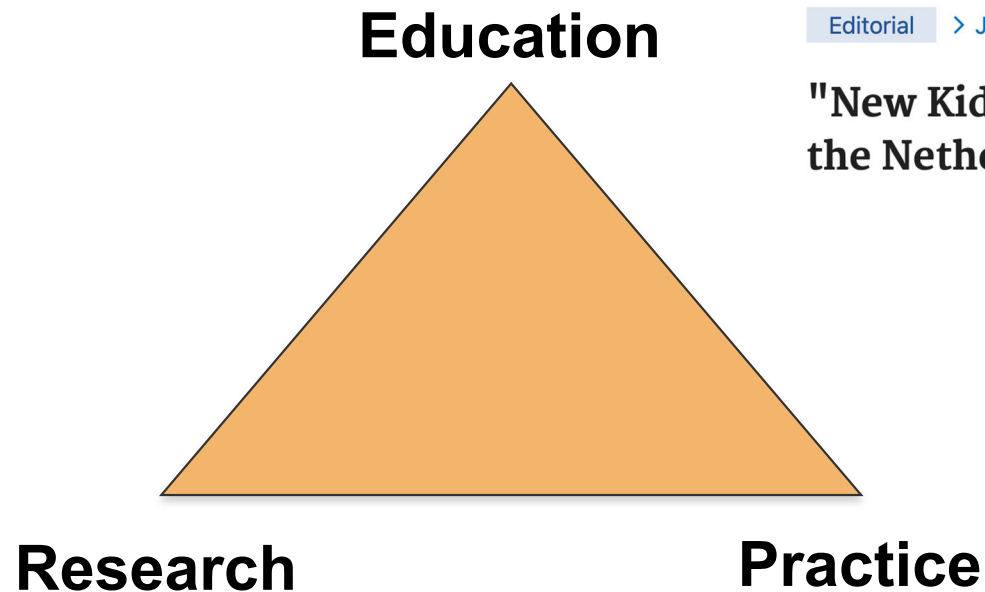
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Lectoraat Verpleegkundige Diagnostiek

Innovation Lab Family Care

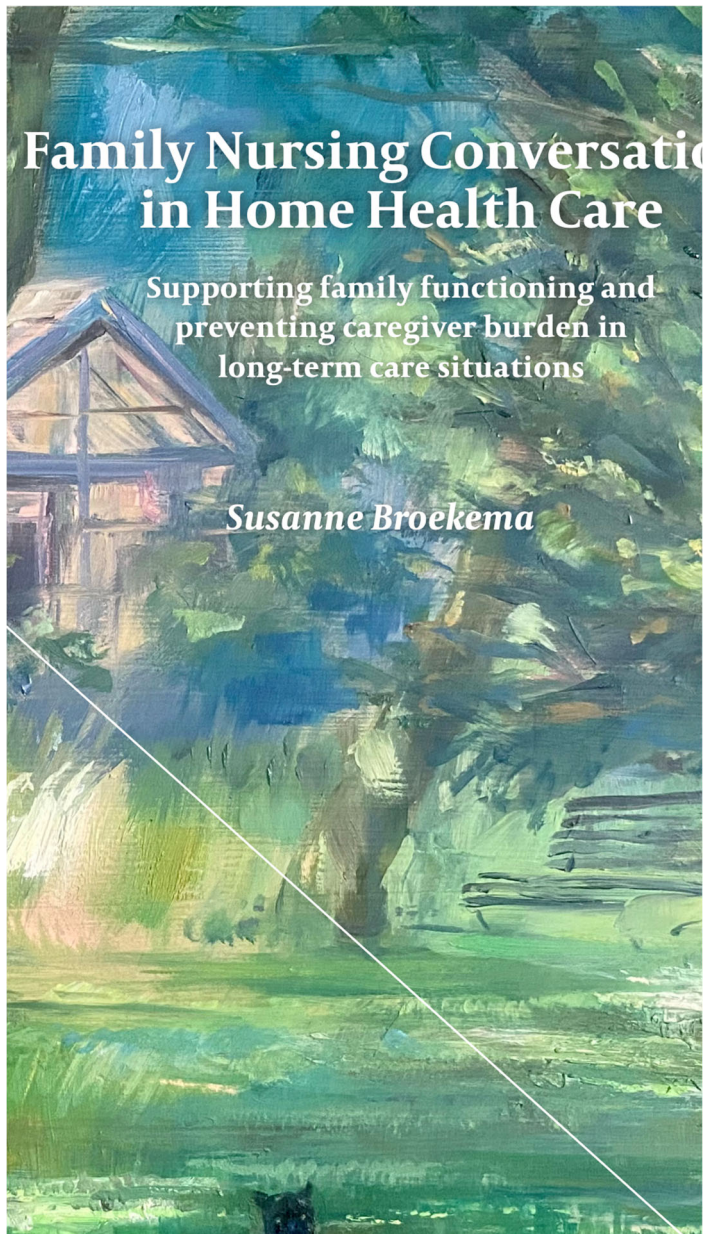
Family nursing conversations as an evidence-based nursing intervention



Editorial > [J Fam Nurs](#). 2018 Aug;24(3):303-306. doi: 10.1177/1074840718788372.

"New Kid on the Block": Family Nursing Initiatives in the Netherlands

2015 - 2025



Family Nursing Conversation

- Based on the CFAM and the CFIM (Wright & Leahey, 2013) and the IBM (Wright & Bell, 2009)
- Including the model and components as described by östlund et al, 2015
- Including 4 stages as defined by Wright & Leahey, 2013
- No therapeutic letters

Measuring Change in Nurses' Perceptions About Family Nursing Competency Following a 6-Day Educational Intervention

**Susanne Broekema, MSc¹,
Marie Louise A. Luttik, PhD, RN¹,
Gabriëlle E. Steggerda, MSc, RN¹,
Wolter Paans, PhD, RN¹,
and Petrie F. Roodbol, PhD^{1,2}**

Journal of Family Nursing

2018, Vol. 24(4) 508–537

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DOI: 10.1177/1074840718812145

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Patients' and family members' perspectives on the benefits and working mechanisms of family nursing conversations in Dutch home healthcare

Susanne Broekema MSc¹  | Wolter Paans PhD¹ | Alberta T. Oosterhoff PhD² |
Petrie F. Roodbol PhD^{1,3} | Marie Louise A. Luttik PhD¹

Method; Qualitative grounded theory approach (Charmaz, 2014)

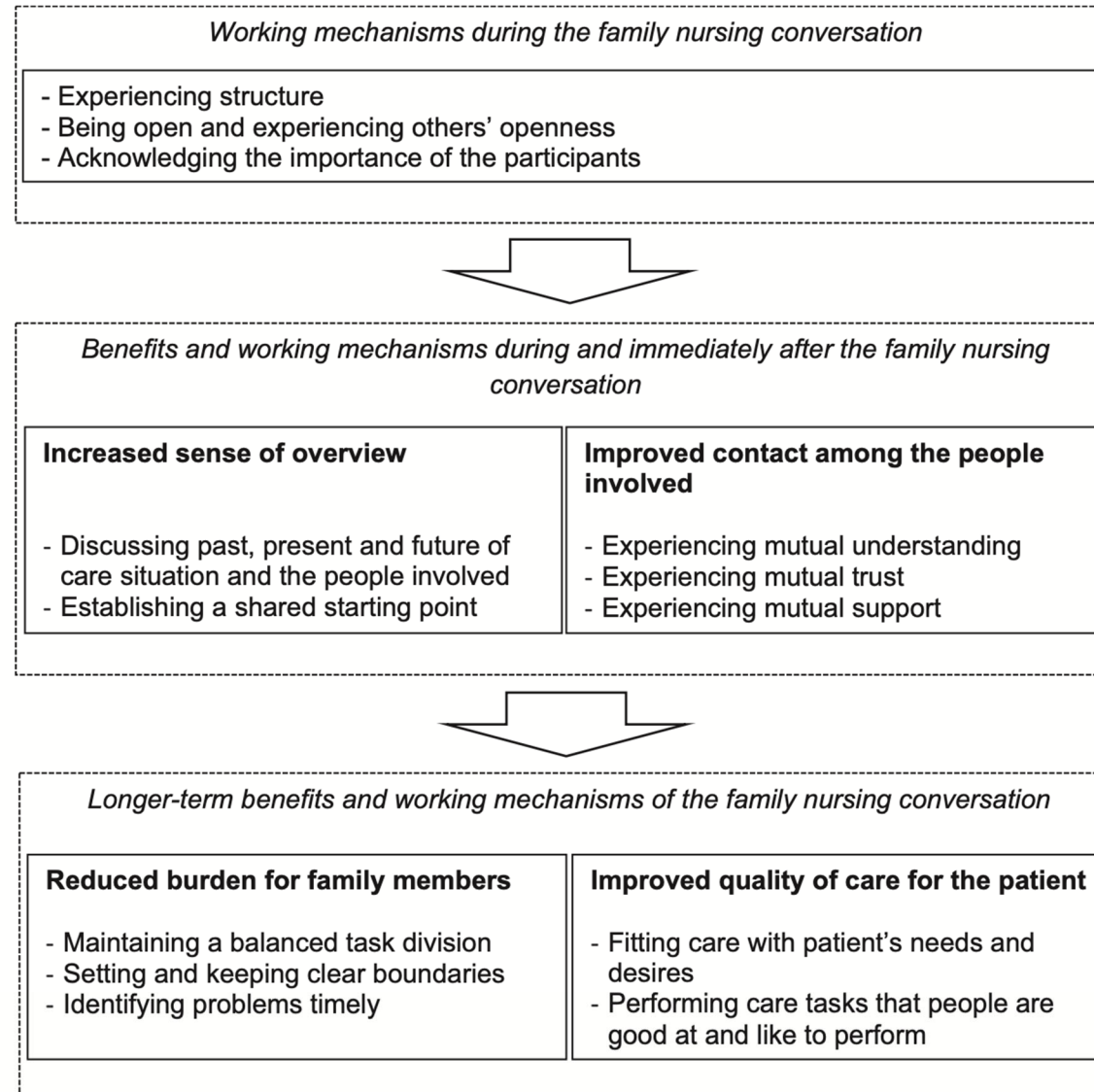
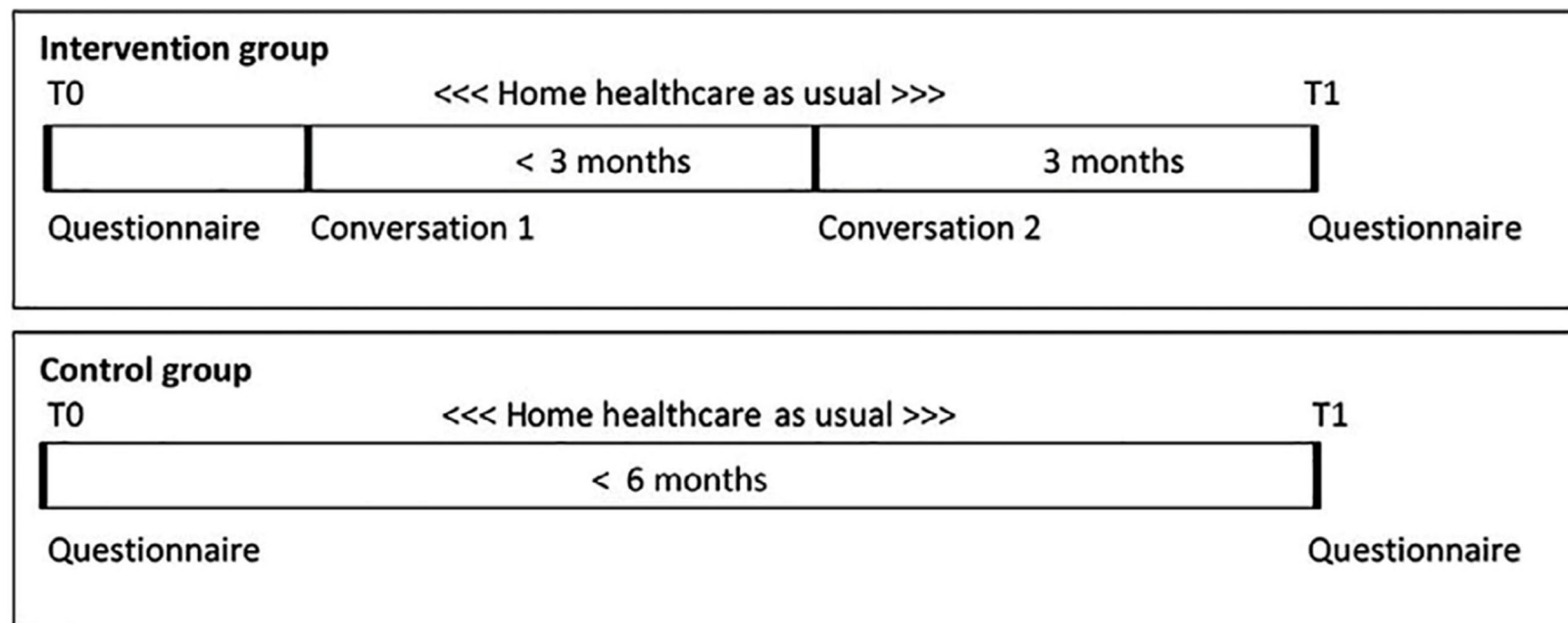


FIGURE 1 Inductive model of the benefits and working mechanisms of family nursing conversations from patients' and family members' perspectives

Effects of family nursing conversations on families in home health care: A controlled before-and-after study

Susanne Broekema¹  | Wolter Paans¹ | Petrie F. Roodbol² | Marie Louise A. Luttik¹



Method: Controlled before-and-after design

Results

- **Family functioning** improved significantly (more) in the intervention group ($p=0.01$), while patients' quality of life remained stable
- **Perceived burden** among family members remained stable in the intervention group ($p=0.43$) and increased in the control group ($p=0.018$);
- The **use and costs** of community nursing care decreased significantly (0.6 hours less per week) in the intervention group ($p=0.023$).



Journal of Clinical Nursing

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SYSTEMATIC REVIEW **OPEN ACCESS**

The Effectiveness of Family Health Conversations Delivered by Nurses: A Systematic Review

Birte Østergaard¹ | Erla Kolbrun-Svavarsdottir² | Anne Brødsgaard^{3,4,5,6} | Stine Rosenstrøm⁷ |
Cristina Garcia-Vivar⁸ | Hanne Konradsen^{9,10} | Karin Brochstedt-Dieperink^{1,11} | Lorenz Imhof¹² |
Romy Mahrer-Imhof¹² | Marie Louise Luttik¹³

Acknowledgement

Het Familiegesprek (the Family Health Conversation) is known included in the national database with evidence based interventions for long-term care as *an intervention with good evidence for effectiveness*

Het Familiegesprek

Laatst bijgewerkt op: 17-12-2024

Het Familiegesprek is een verpleegkundige interventie die ingezet kan worden bij patiënten in intensieve en langdurige zorgsituaties waarbij er sprake is van (dreigende) overbelasting van mantelzorger(s), of waarbij familierelaties verstoord (dreigen te) raken als gevolg van de zorgsituatie.

Over de erkenning

Deze interventie is door de erkenningscommissie beoordeeld als: **Goede aanwijzingen voor effectiviteit**

Niveaus van erkenning

Type interventie	Aanpak
Datum van erkenning	01-11-2022
Erkend door	Erkenningscommissie Langdurende ouderenzorg (Vilans)
Toelichting Commissie	

Spin-off

Optimal care for
people with dementia;

A family approach



Spin-off

The conversation with
patient and family in
palliative care (FIP) home
care;

*competencies of the higher
professional education
professional*

Projectvoorstel RAAK-Publiek, indieningsronde juni 2024

Het gesprek met patiënt en Familie
In de Palliatieve (FIP) thuiszorg;
competenties van de hbo-professional



Spin-off

Family Care; "Together in Action"

Action research into the applicability of the Family Care concept within ZINN (nursing home)



Education

- Embedded in the bachelor nursing curriculum (in progress)
 - Elective module (5 EC) starting next semester (2026)
 - Embedded in the minor-education oncology, community care, social psychiatry and geriatric nursing
-
- Training & education for professionals in practice
 - Casemanagement dementia
 - Palliative care
 - Hospital care
 - Nursing homes

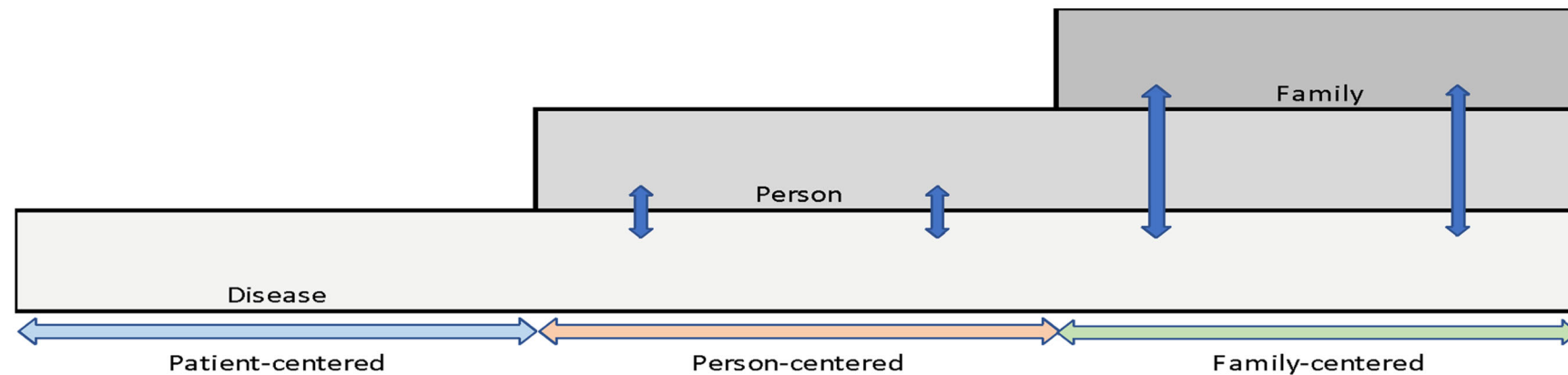
Future perspectives

- Further implementation of family (systems) care and family conversations
- Shared Decision Making (SDM) and ethical dilemma's in family nursing care
 - **Thesis: Family Involvement in Treatment Decision Making with older patients with cancer**



Ahead
of
troops

Ahead of troops



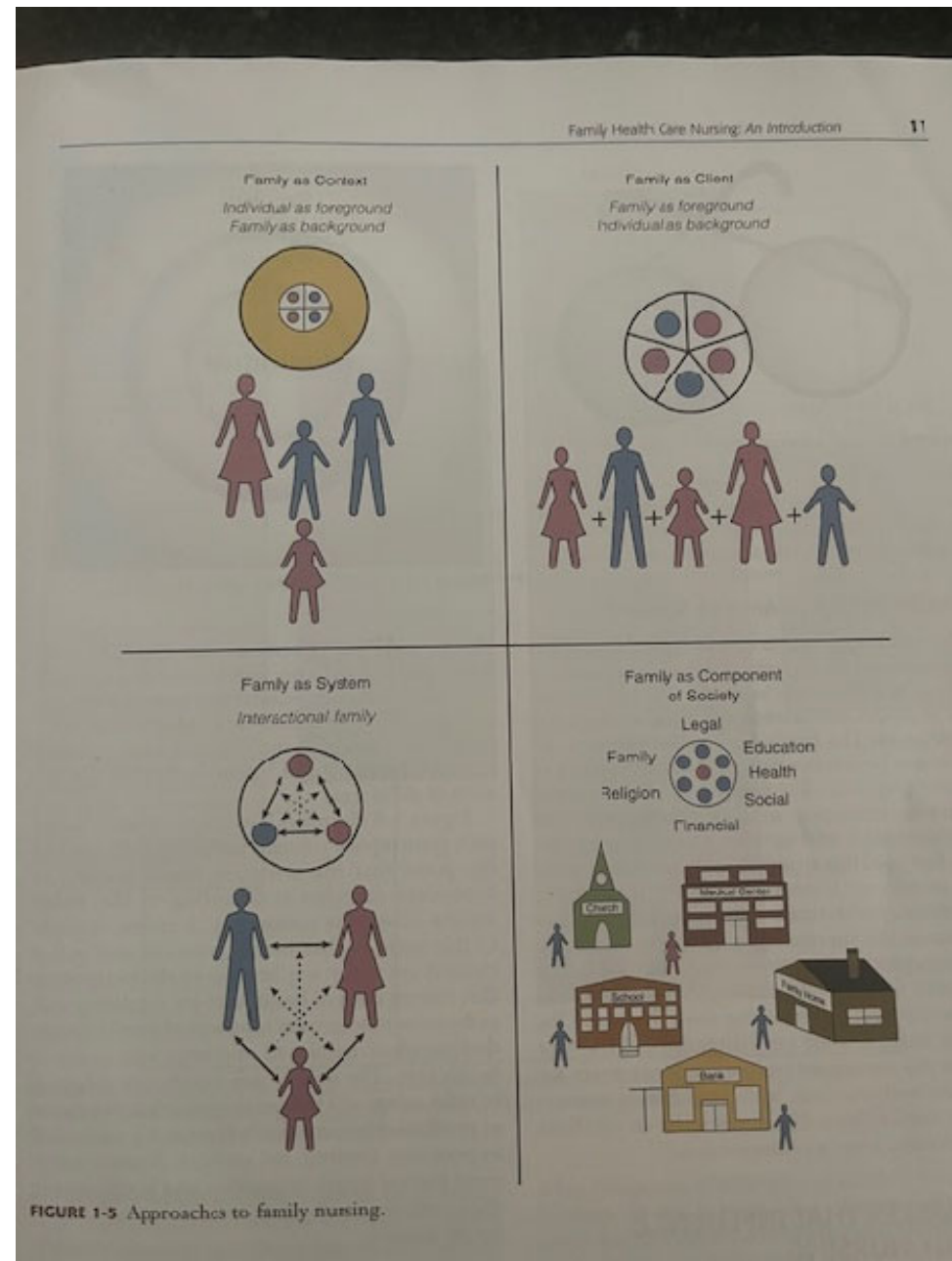
Transition from disease-oriented to patient-centred to family-centred care

Ahead of troops

Family as context

Family as client

Family as a system



Thank you, Barbara!!

For being such an important
front soldier in the development
and implementation
of Family Systems Care !!!

