

Externship Workshop Advanced Family Nursing

Tentative Schedule May 22 – May 25 2018

Content: Theory, Practice and Research:

Evidence Based Practice and Practice Based Evidence for Caring for Families

- Illness Beliefs Model: assessment and intervention focused on the intersection of patient, family members, and health care professionals beliefs that soften suffering and promote healing.
- Trinity Model: Interconnection between spirituality, suffering, and beliefs.

Day 1: Tuesday, May 22th	
08:15 am	Registration and Welcome Coffee
09:15 – 12:30	<p>Welcome and introduction of participants and instructors</p> <p>What is “Relational Practice with Families”?</p> <p>Therapeutic conversations with families: how can nurses soften suffering and invite family healing?</p> <ul style="list-style-type: none"> – Objectivity and (Objectivity) – Structural Determinism – Opinions, Realities, Perspectives, Truth
12:30 – 2:00 pm	Lunch (a table is reserved at the university canteen for the group)
2:00 – 4:45 pm	<p>ILLNESS BELIEFS MODEL: What nurses believe affects their relationships and therapeutic effectiveness with families</p> <p>Creating a context for changing illness beliefs Beliefs about illness and families / distinguishing illness beliefs Beliefs about clinicians</p>

Day 2: Wednesday, May 23th	
10:00 am – 12:45	<p>ILLNESS BELIEFS MODEL</p> <p>Beliefs about change Challenging constraining beliefs to Invite Family Healing</p> <p>Preparing for the family interview</p>
12:45 – 2:00 pm	Lunch
2:00 – 5:30 pm	<p>LIVE Family Interview: conducted by Dr Lorraine Wright with participant observation. Dr Janice Bell leads reflecting team and post-session discussion.</p>
6:00 pm	A get-together: dinner

Day 3: Thursday, May 24th	
9:15 am – 12:30	<p>ILLNESS BELIEFS MODEL</p> <p>Effective family interventions: what does clinical practice, research and personal experience offer?</p> <ul style="list-style-type: none"> – Commendations – Interventive questions – Speaking the unspeakable – Countering the brain's negativity bias <p>Inviting acceptance of "what is"</p>
12:30 – 2:00 pm	Lunch
2:00 – 4:45 pm	Clinical case and/or research consultations: participants have the opportunity to present patients/families from their clinical practice and/or research for discussion/ideas
4:45 – 6:00 pm	How to Apply Clinical Ideas within the Swiss culture, by Barbara Preusse-Bleuler

Day 4: Friday, May 25th	
9:15 am – 12:30	<p>Suffering and Spirituality: an inseparable couple</p> <p>TRINITY MODEL</p> <ul style="list-style-type: none"> – Spirituality, suffering, and illness beliefs <p>Spiritual practices that soften suffering</p>
12:30 – 2:00 pm	Lunch
2:00 – 4:45 pm	<p>ILLNESS BELIEFS MODEL: Strengthening Facilitating Beliefs</p> <p>Closing conversations about the application of Advanced Practice Models in your practice, research and education with families</p> <p>Reflections</p> <ul style="list-style-type: none"> – What beliefs have been strengthened? – What beliefs have been challenged? <p>Evaluations and the ritual of goodbye</p>