

Setting

Family Systems Care Unit (FSCU): Clinical real-life laboratory at the Institute of Nursing, Zurich University of Applied Sciences, Switzerland.

FSCU aims to support families with health-related challenges by fostering family strength and develop professional competences for collaboration with families.

Purpose

To develop a framework, to organize the huge amount of data from clinical practice at the Family Systems Care Unit.

Method

Co-creative action research approach, considering data from 2020 to 2025.

Conclusion and implication

The development of this framework enabled the team to clearly define key concepts that guide project reporting and description of expert practice at the FSCU from a practice perspective.

This framework invites reporting of practice-based approaches for more visibility of family systems care expert practice to promote family strength globally.

How is Expert Practice at a Family Systems Care Unit Best Described? A Framework for Reporting

Who are the families visiting the FSCU?

Family data
like families concerns, family's stages
in the family life cycle, access routes

Who are the family systems care experts?

FSCU expert data
like expert's education and professional experience

*What are you doing at FSCU?
How are you working with families?*

Project data
like processes promoting co-creation and learning, or
theoretical and practical frameworks and considerations,

Educative signature feature

FSCU invites students and professionals to observe and engage in expert led therapeutic conversations as well as in clinical reasoning

Therapeutic
Family
Conversations

*How many families?
How many conversations?*

Statistical data
like total number of family conversations per family,
number of family members present, location of the
conversations or hours of Audio/Video recordings

What are the benefits of the conversations?

Documentation data
Detailed descriptions of family and nurse reported effects in
the FSCU family records

Description of expert practice at FSCU

Documentation data and practice-based experience
Reflexive practice enhances systemic thinking and
conceptualizing skills, detailed description of expert performance
and advanced practice

Description of students learning context an successes

Students feedback like
«I have this voice in my head – giving ideas how to create meaningful
conversations with families», «I'm a bit less afraid of silence in
conversations now. I have seen, how this works for the family!»

Contact

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