

To safely benefit all – advancing nursing practice

Professor Judith Ellis MBE
PhD, MSc, BSc(Hons), PGCE, RN
Chief Executive
Royal College of Paediatrics and Child Health

What motivates us all?

- To provide high quality safe care?

Mind blowing care that can be delivered:

- Gene therapy
- Heart transplants

And where it can be delivered

- Hospitals
- Homes
- Care homes
- Schools
- etc.

e.g.:

- Home intravenous therapy
- Home ventilation
- Berlin Heart
- etc.

Professor Sir Michael Marmot - give every child the best start in life

“The foundations for virtually every single aspect of human development - physical, intellectual and emotional - are laid in early childhood.”

“What happens during the early years, starting in the womb, has life-long effects on many aspects of health and wellbeing.”

AND through it all: ensure all patients benefit from safe high quality care

*'It may seem a strange principle to enunciate as the very first requirement in a Hospital that it should do the sick no harm'.
[Florence Nightingale, 1859]*

We all get up in the morning aiming for zero harm

Potential for harm never greater!

e.g.

- Complexity of drug administration
- Technology / equipment

Increase in health service demand:

- Improved survival long term/ chronic conditions
- Increased elderly populations
- Increased technology
- Increased dependency HDC/ dementia, etc.

Workforce challenges

- Shortage doctors
- Shortage nurses
- Expansion support roles :
 - Nursing Associates
 - Physician Assistants
- Increased delegation
- Monetary pressure of pay bill

As we develop a workforce and specific roles to meet demands and deliver advancement in care we must make sure it is safe for all!!!

ICN 2008

A Nurse Practitioner/Advanced Practice Nurse is a **registered nurse** who has acquired the **expert knowledge base, complex decision-making skills and clinical competencies for expanded practice**, the characteristics of which are shaped by the context and/or country in which s/he is credentialed to practice. A **master's degree** is recommended for entry level.

Registered

- 670,000 Registered Nurses in UK
- 3 parts register;
 - Nurse
 - Midwife
 - Specialist Community Public Health Nurse (SCPHN)- HV, OH, Sexual Health , etc.
- Nursing 4 Fields of Practice:-
 - Adult
 - Child
 - Mental Health
 - Learning Disability

Key areas of activity

- Professional standards for nurses and midwives
- Quality assurance of education
- Maintaining the register
- Revalidation
- Fitness to practise

In UK

- Nursing not a protected title.
- Advanced Nurse not a protected title and not a registered qualification.

RCN defines advanced nursing

- practice as a level of practice rather than a role or job title.
- Advanced nursing practice both builds on, and adds to, the set of competences common to all registered nurses.

Revalidation

- **To enable the NMC to confirm that:**
 - nurses and midwives continue to be fit to practise,
 - their skills and knowledge are up to date and specific to current area and scope of practice.
- **To promote a culture of continuous improvement in practice for nurses and midwives**

ICN Educational Preparation

- Educational preparation at advanced level
- Formal recognition of educational programs preparing nurse practitioners/advanced nursing practice roles accredited or approved
- Formal system of licensure, registration, certification and credentialing

ICN Nature of Advanced Practice

- Integrates research, education, practice and management
- High degree of professional autonomy and independent practice
- Case management/own case load
- Advanced health assessment skills, decision-making skills and diagnostic reasoning skills
- Recognized advanced clinical competencies
- Provision of consultant services to health providers
- Plans, implements & evaluates programs
- Recognized first point of contact for clients

RCN's competences for ANPs

- Mapped early 2000s against the NHS Knowledge and Skills Framework and are linked to the NHS Career Framework.
- Masters level
- Researched collaboratively with:
 - higher education institutions (HEIs),
 - professional organisations and
 - service providers.
- Standardised clinical outcomes,
- A tool that HEIs can use to map and validate curriculum outcomes and audit fitness to practise
- The code: standards of conduct, performance and ethics for nurses and midwives (NMC, 2008), is not sufficient in isolation and other checks
- **Controls must be in place:** employer-led governance

Employer requirements

- Clarity role / job description
- Clarity autonomy
- Education supported
- Indemnity insurance
- Risk Management - manager there to let you try and catch if a problem

Systems to support

Don Berwick`s quote :

‘every system is perfectly designed to get the results it gets’

So not just about developing ANP but the whole system - acceptance and support of the role

ICN Regulatory mechanisms

Country specific regulations underpin NP/APN practice

- Right to diagnose
- Authority to prescribe medication
- Authority to prescribe treatment
- Authority to refer clients to other professionals
- Authority to admit patients to hospital
- Legislation to confer and protect the title "Nurse Practitioner/Advanced Practice Nurse"
- Legislation or some other form of regulatory mechanism specific to advanced practice nurses
- Officially recognized titles for nurses working in advanced practice roles

Change in our policy

eg.:

- Admission,
- Discharge,
- Prescribing,
- Etc.

Nurse Prescribing

Caring

- Hospital at home - CNS
- Rapid action / care
- Patient safety
- Patient focused

Leadership to policy

- Medics
- Pharmacists
- Nurses

Slow and steady

- Bandages / Incontinence pads!
- Patient group directives

To

- Independent prescribing

+ funding follows

- + value for money + data gathering / activity data
+ justify existence

If things should go wrong :

- Complaints process
- Employer HR processes- professional or systems failure
- Report to regulator ? Remove from register or limitations on practice
- Indemnity insurance

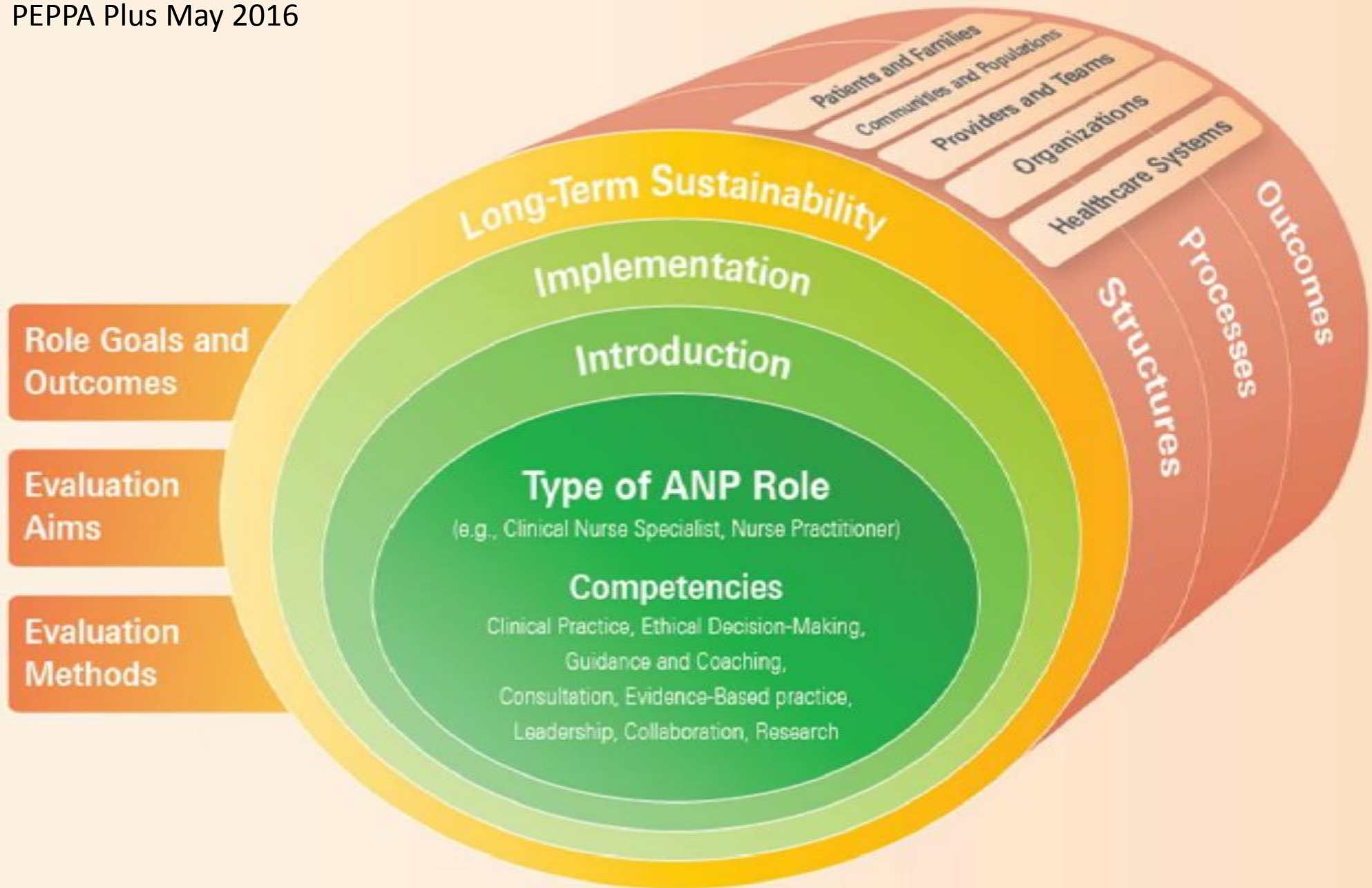
Know Professional boundaries



**Vital we develop advanced practice
BUT ensure safe for the patient but
also for the nurse!**

Ultimate Goal of PEPPA Plus

- to promote optimal health outcomes for patients and families and to deliver high quality, patient-centred and cost-efficient care in Switzerland through evidence-informed decision-making about the effective development and use of ANP roles in varied practice settings and models of care delivery.



**Advancing Nursing Practice
safely benefits all - patients,
MDT and nurse**

But