



School of
Health Sciences



2 to 13
March
2026

Student exchange program European Nursing Modul ENM

European Nursing Module

ENM

In the ENM module bachelor students can go on a short-term exchange at a member institution in Europe. The students gain insight into a healthcare system in another European country and learn more about the social and cultural nursing issues there.

Broad aims of the Module

- to develop the students' understanding of the concept of culture,
- to develop the students' understanding of European and professional cultural issues, which will promote and enhance healthcare by individuals practising in a range of settings,
- to enable students to recognise the international dimension of professional nursing knowledge and healthcare,
- to develop the students' awareness, understanding and acceptance of cultural differences,
- to develop the students' awareness of, and respect for clients' individual cultures,
- to develop the students' understanding of the influence of historical, philosophical, ethical, economic, political and professional factors on their own and other professional cultures,
- to develop the students' awareness of professional culture and role, and an increasing awareness of their own cultural identity.

Outcome of the Module

The student will

- have developed her/his awareness of the influence of culture on health, welfare and professional nursing,
- value the sharing of multicultural knowledge and experience,
- demonstrate an awareness and tolerance of other cultures,
- reflect on her/his values and attitudes relating to nursing and healthcare,
- share her/his learning experiences with colleagues,
- gain understanding of, and empathy for the experience of “being a stranger”,
- develop her/his understanding of how nursing cultures define nursing and the nurses' role.

Excerpt out of ENM Handbook 2014

Audience and linguistic level

- Bachelor of Nursing students at least at the start of their second year
- English (at least level B2)

Student Exchange

Incoming students

Dates

Monday 2 to Friday 13 March 2026

Lecturers

- Susan Schärli-Lim, Institute of Nursing, ZHAW, Switzerland
- International co-lecturer(s)

Approximate student expenses

Participants will have to cover expenses for travel, meals and accommodation.

Accommodation for 2 weeks: 400 Euro in youth hostel

Meals per day: 15 – 20 Euro

Transport: up to 200 Euro, 2 tickets for train transfer Zurich Airport/Winterthur 9 Euro each

Requirements for students attending clinical Visits

Mandatory vaccinations: Tetanus, Polio, Hepatitis B updated.

Health insurance: European Health Insurance Card (EHIC) valid in all EU member states; non-EU nationals need to provide proof of compulsory medical insurance cover. We recommend that all students purchase a personal liability insurance.

Location

Winterthur is a very pretty small town about a 20 minute train ride from Zurich. The cities of Zurich, Berne and Lucerne as well as the Swiss mountains with its skiing resorts are easily reachable by public transport.

Outgoing students

The exchange programme is aimed at bachelor students in their third year (sixth semester).

Exchange destinations

Antwerp (B); Plovdiv (BG); Silkeborg, (DK); Vejle (DK); Berlin (D); Tarragona (E); Madrid (E); Paris (F); Vannes (F); Bitola (MK); Leiden (NL); Bucharest (RO); Örebro (S); Stockholm (S); Belgrade (SRB); Istanbul (TUR); Leeds (UK); Northampton (UK) and others.

Registration and Contact

Incoming students: contact your home institution Coordinator ENM/International Relations

Outgoing students: contact your institute's Coordinator International Relations. Susan Schärli-Lim, Coordinator International Relations

→ enm.gesundheit@zhaw.ch

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